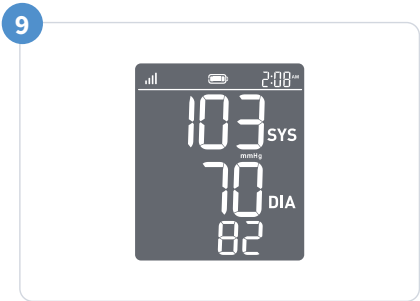


TeleRPM

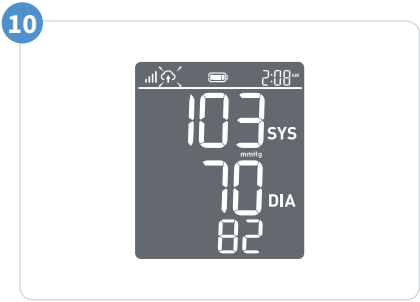
QUICK START GUIDE


Pro Cellular Blood Pressure Monitor

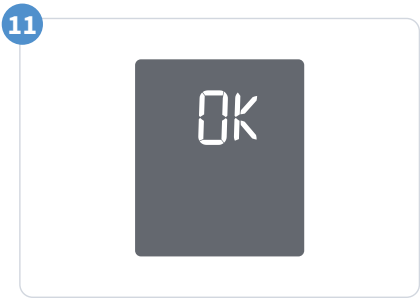
Powered by
M+edisanté




Your results will be displayed and saved to the device prior to transmission starting.

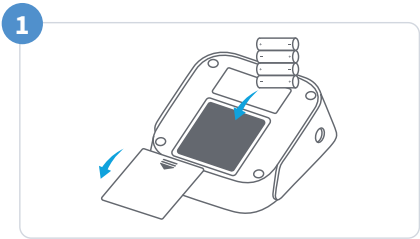


During data transmission the  symbol will flash. This process normally takes around 5 to 10 seconds but may take longer when the signal is weak.

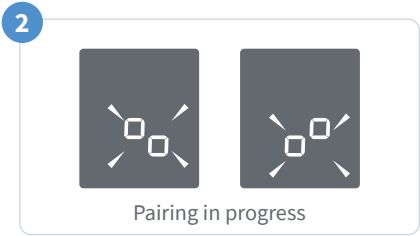



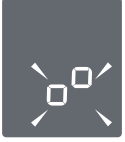
If successful, the LCD will display  .
If unsuccessful, the LCD will display “E5” or “E6”, and the measurement will be sent on the next successful connection.

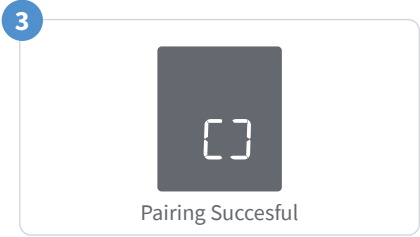
For more information, see full instruction manual.




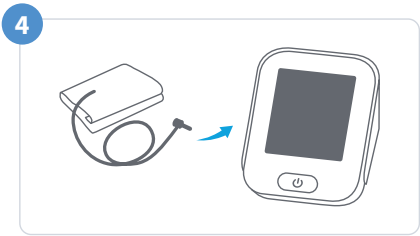
Insert the 4 included AA batteries or connect the optional AC adapter into the device.
Once inserted, the device will initiate initial pairing with the mobile network.



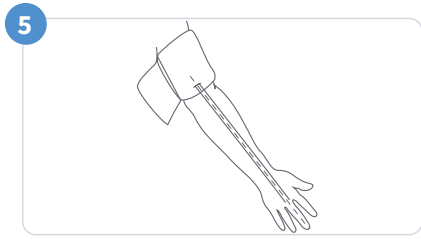
While pairing, the symbols  and  will be shown alternately.
This process normally takes about 15 seconds, but may take longer when signal is weak.



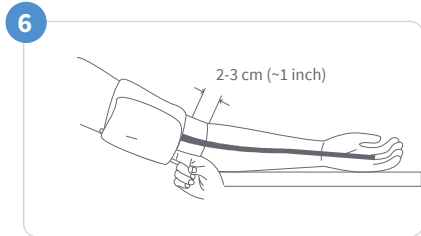
When pairing is completed successfully, the device will display the symbol  and then shut off.
The device is now ready to use!



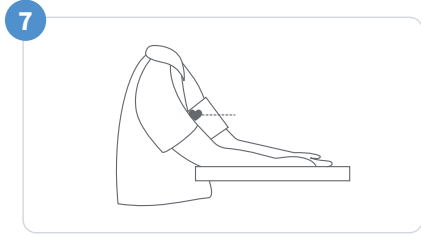
Plug the connector on cuff tube into the device.
Be sure to use the port marked 'Cuff Port' instead of the port for AC adapter (at the opposite side).



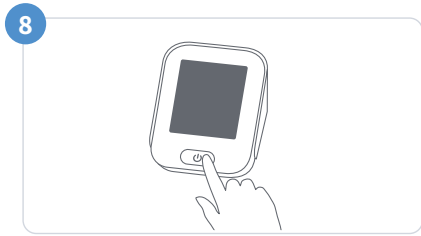
Roll or push up your sleeve to expose your left upper arm.
Hold your arm with palm facing up and tie the cuff on, align the air tube toward the center of your arm.




Wrap the end of the cuff over your arm to secure it in place.
Don't make it too tight—allow a finger to fit between the cuff and your arm.



Place your arm resting comfortably on a flat table.
The cuff worn on your arm should be placed at the same level as your right atrium of the heart.



Press the  button to turn on the monitor. The cuff will automatically inflate, take a reading and then deflate.
Remain still until the cuff deflates completely.